

# Wellness Benefit

## Valuable protection provided by your benefits

The Wellness Benefit<sup>1</sup> will pay you the amount shown on the Schedule of Benefits for one health screening test performed per year for you and your dependents, if applicable, provided:

- You and your dependents were covered under the policy at the time the test was performed and
- Any preventative health screening test was not already performed at any time during the same year.

### Examples of health screening tests covered under the policy:

#### Testing

ALT/AST (liver function test)  
Blood test for triglycerides  
Bone marrow test  
Breast cancer blood test – CA15-3  
Fasting blood glucose test  
Ovarian cancer blood test – CA125  
PAP test  
PSA (prostate cancer blood test)  
Serum cholesterol test (HDL and LDL)  
Serum protein electrophoresis (blood test for myeloma)  
Stress test (bicycle or treadmill)

#### Procedure

Biopsy for cancer  
Breast ultrasound  
Chest x-ray  
Colonoscopy  
Echocardiogram  
Electrocardiogram

#### Diagnostic

Annual physical  
Bone density testing (DEXA scan)  
Flexible sigmoidoscopy  
Hearing exam  
Hemoccult stool analysis  
Hepatitis screening  
HIV screening  
Immunizations  
Mammography  
Mental health screening  
Skin cancer screening  
Ultrasound screening

**Any other preventative screenings, including but not limited to tests, diagnostic procedures, routine examinations and immunizations. Examples of these include, but are not limited to Dental Exam, COVID test, Eye Exam, Mental Health Screening, etc.<sup>2</sup>**

1. Referred to as a Health Screening Benefit in NH and WA.

2. Any other category is not available for VAI in MO and WA.

This brochure is not a contract. The availability of the described features may vary by state. Wellness is not available in CT, ID, MI, MN, NM, NH, NY, ND, and WY for Group Accident. Accident coverage is provided by policy series LRS-9547-0918, et al.

Wellness is not available in MI for Critical Illness. Critical Illness coverage is provided by policy series LRS-9537-0118, et al.

Wellness is not available for ID, KS, and NM for Group Hospital Indemnity. Hospital Indemnity coverage is provided by policy series LRS-9572-0519, et al.

For more information, visit [reliancematrix.com](https://reliancematrix.com).